## **Personal Medication List**

Prescription Medications	Purpose or Reason Taken	Dose	Time(s) of Day	Form (Liquid, capsule, tablet)	Special Instructions
Over-the- Counter Medications	Purpose or Reason Taken	Dose	Time(s) of Day	Form (Liquid, capsule, tablet)	Special Instructions

Health Problems		
Primary Doctor	Doctor's Phone	
Local Pharmacy	Pharmacy Phone	
Drug Allergies	Your Phone	
Your Name	Date	